

# Elks Central Canada Tournament - Rules 2024

## General

1. Tournament rules will be governed by the current rules of Hockey Canada, unless noted otherwise herein.
2. Printed Travel Permits and approved Hockey Canada Rosters to be presented to Elks Rink Captain (located in tournament room) a minimum of 45 minutes prior to your first game.
3. Manager/Coaches to provide team roster for the game sheets complete with player jersey numbers and coaching staff to Elks Rink Captains at least 45 minutes prior to each game. 3 shooters, and their shooting order, must also be indicated on the game sheet. Don't forget to sign your game sheet and indicate any suspensions that are being served.
4. All teams are asked to be ready to start their games as early as 15 minutes prior to your scheduled start time. There will be NO warm-ups in U11. There will be a 3-minute warm up for U13,U15 and U18.
5. Players can only be rostered to one team participating in the tournament. An Affiliate player must play minimum one (1) game on Thursday, Friday or Saturday to be eligible to play in the semi final or finals on Sunday. Games that were played by an ineligible player will be default (1-0) losses in the standings.

## Game Rules

6. Home teams will wear white uniforms and Visitors will wear dark. The Home team is designated by the team that is listed first on the schedule or listed at the top of the game bracket.
7. U11A games will consist of two-10 minute and one-12-minute stop time periods.  
U13A, U15A & U18A games will consist of three-15-minute stop time periods with a break for flood after *either* the first or second period depending on resurfacers schedule.
8. Running time will commence in 3<sup>rd</sup> period if there is a goal differential of 5 or more. Stop time will continue if differential drops below 5. A maximum 5 goal spread will be used for all games.
9. Round Robin games tied after regulation will be decided by a shootout (3 shooters each). 3 players from each team will be chosen prior to the game (noted on the game sheet). If still tied after 3 shooters, the same 3 shooters will continue in the same order again in sudden death format in each round. Note if a player is in the penalty box at the end of regulation, they are ineligible to shoot.
10. All Bracket (knock-out) games tied after regulation will be decided by a 5-minute overtime played 3 v 3, followed by a shootout (3 shooters each). A 10-minute overtime played 3 v 3 (followed by a shootout), will be played for the following games only:
  - a. The Championship Game for U11A, U13A, U15A and U18A;  
During overtime changes will be made 'on the fly' only and will not be allowed during stoppages in play. If the game is still tied after the overtime, it will immediately go to a shootout. 3 players from each team will be chosen prior to the game (noted on the game

sheet). If still tied after 3 shooters, the same 3 shooters will continue in the same order again in sudden death format in each round. Minor penalties in overtime will be 1:00 minute in length and will be played as 4 vs 3. If penalty expires without a goal, play will continue 4 v 4 until next stoppage and will then revert to 3 v 3. No more than 5 team officials will be allowed on players bench.

11. Teams will be allowed one 30 second timeout for the following games only:
  - The Semi-Finals and the Championship Games.
12. All rulings by on-ice officials on the game sheets will be considered final. There will be no protests.

### **Standings**

13. Round Robin games cannot end in a tie. Points for Round Robin games will be awarded as follows: WIN = 3 pts, OT-WIN = 2 pts, OT-LOSS = 1 pt, LOSS = 0 pts.
14. In the event of a tie for any position following the Round Robin, the following will break the tie or decide seeding:
  - a. Most Wins
  - b. Head-to-Head (only applicable for two-way tie)
  - c. Goal Quotient = Goals for / (Goals for + Goals against)
  - d. Least Penalty Minutes
  - e. Coin-Toss

### **Disciplinary Rules & Regulations**

1. All suspensions are determined by the rules set out by Lakehead Minor Hockey League and Thunder Bay Minor Hockey Association as governed by Hockey Northwestern Ontario.
2. Any suspension that is not fully served during the tournament will carry over to league or tournament play after the tournament.
3. A coach, manager, trainer, or carded team official receiving a game misconduct or a gross misconduct or a match penalty will be suspended for the remainder of the tournament. This suspension will also apply to a player who receives a gross misconduct or a match penalty. All suspensions will be reported to the parent association of the team in question.
4. Any abusive behaviour will not be tolerated. Abusive people will be asked to leave the rink and play will not continue until they do so.
5. All suspensions will be advised via email. Coaches are responsible to know if players have been suspended and that suspensions are served.
6. The Tournament Committee has final say in all decisions.